

HEAVEN AT THE TOP OF THE WORLD



puravida
C O S T A R I C A

Eco Tours | r&r resorts

P.O. Box 1496 Conyers, GA 30012 | 888-767-7375 | Fax: 770-785-9260
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Eco Tours | ADVENTURE

WATERFALL GARDENS

Cost: \$45. Half-day tour on Mondays. Departs the property at 8:45am, returning at 1:30pm.

La Paz Waterfall Gardens is located near the Poas Volcano on an area of the country called “Cara Blanca”. It will take us about 45 minutes to get there from Pura Vida. Once we arrive, we have for our enjoyment over 3.5 kilometers of walking trails that lead you to a Butterfly Observatory, Hummingbird Garden, serpentarium, Frog Exhibit, Tica House, bird watching areas and different views of the several waterfalls in the property. This is a guided tour; they will enhance your experience with their knowledge of Costa Rica’s natural history.



CANOPY ADVENTURE TOUR

Cost: \$60. Half-day tour on Tuesdays and Thursdays. Departs the property at 8:45am, returning at 1:30pm.

Canopy Adventure is a family business that has been running since 1998, and is located at a 450 acre private state where the owners also have a western cedar plantation used to supply wood for the sawmill at their property.

Canopy touring or zip lining is an activity whose cradle is Costa Rica. Canopy tours can be found in many different areas of the country. The one we chose to share with our guests is located on a cloud forest at the foot of the Barva Volcano, an inactive volcano surrounded by beautiful forest which is part of the Braulio Carillo Park.



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WHITE WATER RAFTING

Cost: \$95. Full day tour on Wednesdays. Departs the property at 5:30am, returning at 6:00 pm.

- *Difficulty: Class III-IV
- *Distance: 30km / 18 miles
- *Number of Rapids: 52
- *Approximate river time: 4 Hours
- *Minimum age: 12 years

The Pacuare River is one of the best choices for your adventure treks in Costa Rica. There is not another trip in the country that offers you a perfect blend of wilderness exposure and excitement, both in one day. Pacuare is world famous for its sheer beauty. A true river gorge, it is flanked by steep, green walls. Here you enjoy the feeling of total isolation from urban life and the realness of being connected with nature. Amazing views of this virgin tropical rainforest area appear before your eyes as you descent this true exploratory land. Wildlife is abundant with sloths, toucans, parrots, coatis, morpho butterflies and color frogs being common sights.



A DAY AT THE BEACH

Cost: \$90. Full day tour on Wednesdays. Departs the property at 7:30am, returning at 6:00 pm. Includes lunch.

Enjoy a day at Playa Jaco!

You will have time to enjoy a beach front hotel with pool area, restaurant, bar, beach chairs, restrooms and the world known, 3 mile long surfing beach of Jaco.

Here you can just sit down and enjoy the sun, walk on the beach, venture yourself into town and check out the many arts and craft stores or even take some surfing lessons.

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SKY WALK AND WILDLIFE BOAT TOUR

Cost: \$95. Full day tour on Wednesdays. Departs the property at 7:30am, returning at 6:00 pm. Includes meals.

On this 400 acre private reserve, you will hike along a 2.5 mile trail which includes a series of 5 suspended bridges. At a height of 70 feet about the forest floor, these bridges offer a perfect view of the canopy's flora and fauna, which providing the added benefit of least disturbance to the creatures of the forest.

The next phase of the tour takes you on a two hour boat ride along the Guacalillo river canals, a mere twenty minute bus ride from Villa Lapas. Among the lush pacific coast mangroves, you may have the opportunity to see such wonders as scarlet macaws, howler monkeys, and several other species of tropical birds.



HOT SPRINGS AND ECO-TOURING HIKE

Cost: \$95. Full day tour on Wednesdays. Departs the property at 7:30am, returning at 6:00 pm. Includes all meals.

This tour includes a 2.5 hour commute. Once we arrive, we will have the opportunity to go on an eco-exploring hike. The hike begins through pastures and then continuing to a secondary growth forest section and finishing through the property's private reserve.

After enjoying a delicious lunch we will go straight to the Rainforest hot springs site which will help you find the peace and tranquility that you so much long for.

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GUIDED HIKE IN THE SURROUNDING HILLS

Cost: Free Half-day tour on Thursday

An informative walk in the coffee fields that surround the spa. For about an hour and a half as you walk, you will learn about coffee from the time it's planted all the way to the time it is served in your mug, along with some general history of Costa Rica and how coffee relates to it.



POAS VOLCANO

Cost \$45. Half-day Tour on Friday

Departs the property at 8:45am, returning at 1:30 pm.

Poas Volcano is one of the most visited “hot spots” in Costa Rica by tourists as well as locals. This volcano is a short 45 minute drive away from Pura Vida’s location and is one of those “must see things” when visiting our country. It has two main craters, one of them measures 1.5 kilometers in diameter (0.9 miles) and 900 feet deep. At the bottom of this prehistoric-looking hole, there is a medium sized lagoon that spews boiling sulphurous gases. The other crater is the one mentioned above, called Botos Lagoon, which unlike the other lake, contains cold water that connects to the Rio Angel, and later to the large Rio Sarapiquí.

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